



Eye Essentials

The human eye blinks an average of 4,200,000 times a year.

It's impossible to sneeze with your eyes open.

Our eyes are always the same size from birth, but our nose and ears never stop growing.

Blinking helps to wash tears over our eyeballs. That keeps them clean and moist. Also, if something is about to hit our eye, we will blink automatically.

Our body has some natural protection for our eyes. Our eyelashes help to keep dirt out of our eyes. Our eyebrows are made to keep sweat from running into our eyes.

The shark cornea has been used in eye surgery, since its cornea is similar to a human cornea.

The number one cause of blindness in adults is diabetes.

The eyeball of a human weighs approximately 28 grams.

The eye of a human can distinguish 500 shades of gray.

The cornea is the only living tissue in the human body that does not contain any blood vessels.

Sailors once thought that wearing a gold earring would improve their eyesight.

Research has indicated that a tie that is on too tight can increase the risk of glaucoma in men.

People generally read 25% slower from a computer screen compared to paper.

Men are able to read fine print better than women can.

All babies are color blind when they are born.

Babies' eyes do not produce tears until the baby is approximately four to six weeks old.

The reason why your nose gets runny when you are crying is because the tears from the eyes drain into the nose.

The most common injury caused by cosmetics is to the eye by a mascara wand.

Some people start to sneeze if they are exposed to sunlight or have a light shined into their eye.

Around the pupil is a colored muscle called the "iris". Our eyes may be **BLUE, BROWN, GREEN, and GRAY OR BLACK depending on** the color of the iris.

Eyes can process 36000 bits of information every hour

Eyes can contribute towards 85% of our knowledge

In a normal life span, eyes will bring us almost 24 million images of the world around us

The eye is the only part of the human body that can function at 100% ability at any moment, day or night, without rest